



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## **YMCA of Calhoun County entered Phase IV of reopening on Saturday, April 10, 2021.**

We continue to adhere to guidelines from the CDC, state, and local officials as the health and safety of our members and staff remain top priority. The following revisions have been made:

- Men's and Women's Locker Rooms are open with access to showers, steam room, sauna, and whirlpool. Steam room and saunas are limited to 2 guests at a time.
- Masks are no longer required for anyone visiting the Y, however wearing a mask is highly encouraged. Staff will continue to wear masks through May 5, 2021 or later.
- Visitors should maintain minimum of six feet distance from others outside of their household unless wearing a mask.
- Members and guests will no longer have their temperature checked upon entering facility. Members and guests will continue to be asked to complete a wellness questionnaire and sign waiver.

The following remains in place:

- **Downtown Anniston YMCA** is open with limited access to fitness room, weight room, walking track, and pool. Facility hours are limited to the following:
  - **Fitness Room, Weight Room, and Walking Track**
    - Monday-Friday, 5:30am-7:00pm
    - Saturday, 8:00am-2:00pm
    - Sunday, Closed
  - **Pool (for Lap Swim and Family Swim only with limitations)**
    - Monday/Wednesday/Friday, 5:30am-Noon and 4:00pm-6:30pm
    - Tuesday/Thursday, 5:30am-Noon, 4:00-5:30pm
    - Saturday, 8:00am-1:30pm (Lap swim only from 8:30-11:20am during swim lessons)
    - Sunday, Closed
  - **Child Watch**
    - Mornings: Monday-Friday, 8:15am-10:30am
    - Evenings: Monday-Thursday, 4:15pm-6:30pm
- Oxford YMCA Program Center permanently closed effective December 31, 2020
- Members and guests must wash hands with soap and water for at least 20 seconds before and after working out.
- Members and guests must disinfect equipment and machines before and after use.
- Only every other cardio machine is in operation to maintain social distancing.
- Member and guest visits to the Y will be limited to one hour. Please limit pool time to 45 minutes.
- The water fountain is not accessible. Members are encouraged to bring their own water bottles.
- Most of our group fitness classes are socially distanced in-person at the Downtown Anniston YMCA. A limited number of classes continue in virtual format through a private Facebook group for Y members. To be added to Facebook group, email [annangell@ymcocalhoun.org](mailto:annangell@ymcocalhoun.org). For schedules, visit [ymcocalhoun.org/schedules](https://www.ymcocalhoun.org/schedules).

YMCA of Calhoun County will review these guidelines regularly and communicate any additions or modifications on [facebook.com/ymcaofcalhounco](https://www.facebook.com/ymcaofcalhounco) and [ymcocalhoun.org](https://www.ymcocalhoun.org).