



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

**Revised February 1, 2021**

**YMCA of Calhoun County entered Phase III of reopening on Monday, August 3, 2020.** We continue to adhere to guidelines from the CDC, state, and local officials as the health and safety of our members and staff remain top priority. The following remains as of February 1, 2021:

- **Downtown Anniston YMCA** is open with limited access to fitness room, weight room, walking track, and pool. Facility hours are limited to the following:
  - **Fitness Room, Weight Room, and Walking Track**
    - Monday-Friday, 5:30am-7:00pm
    - Saturday, 8:00am-2:00pm
    - Sunday, Closed
  - **Pool (for Lap Swim and Family Swim only with limitations)**
    - Monday-Friday, 5:30am-Noon and 4:00pm-6:30pm
    - Saturday, 8:00am-1:30pm
    - Sunday, Closed
  - **Child Watch**
    - Mornings: Monday-Friday, 8:15am-10:30am
    - Evenings: Monday-Thursday, 4:15pm-6:30pm
- Oxford YMCA Program Center permanently closed effective December 31, 2020
- Men's and Women's Locker Rooms are open with access to showers. Steam room, sauna, and whirlpool remain closed.
- In compliance with the Alabama Mask Mandate, anyone visiting the Y must wear a mask. Masks may only be removed while actively engaged in exercise or swimming. Visitors must maintain minimum of six feet distance from others.
- All staff, members, and guests will have their temperature checked upon entering facility. Members and guests will be asked to complete a wellness questionnaire and sign waiver.
- Members and guests must wash hands with soap and water for at least 20 seconds before and after working out.
- Members and guests must disinfect equipment and machines before and after use.
- Only every other cardio machine is in operation to maintain social distancing.
- Member and guest visits to the Y will be limited to one hour. Please limit pool time to 45 minutes.
- The water fountain is not accessible. Members are encouraged to bring their own water bottles.
- Most of our group fitness classes are socially distanced in-person at the Downtown Anniston YMCA. A limited number of classes continue in virtual format through a private Facebook group for Y members. To be added to Facebook group, email annangell@ymcacalhoun.org. For schedules, visit [ymcacalhoun.org/schedules](http://ymcacalhoun.org/schedules).

YMCA of Calhoun County will review these guidelines regularly and communicate any additions or modifications on [facebook.com/ymcaofcalhounco](https://facebook.com/ymcaofcalhounco) and [ymcacalhoun.org](http://ymcacalhoun.org).