



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

**YMCA of Calhoun County will enter Phase III of reopening on Monday, August 3, 2020.** We will continue adhering to guidelines from the CDC, state, and local officials as the health and safety of our members and staff remain top priority. The following will be instated:

- Men's and Women's Locker Rooms will reopen with access to showers. Steam room, sauna, and whirlpool remain closed.
- Group Fitness Classes will return to Oxford YMCA Program Center on a reservation system with class size limited to 10 participants. To reserve a spot, call Fitness Director Ann Angell at 256-832-9622 or email [annangell@ymcocalhoun.org](mailto:annangell@ymcocalhoun.org). Schedules available at [ymcocalhoun.org/schedules](http://ymcocalhoun.org/schedules).
- Child Watch will tentatively reopen August 17 with revised hours and a reservation system.

The following will continue:

- **Oxford YMCA Program Center** will remain open with the following facility hours:
  - Monday-Thursday, 7:00am-1:00pm and 3:30-6:30pm
  - Friday, 7:00am-1:00pm
  - Saturday/Sunday, Closed
- **Downtown Anniston YMCA** will remain open with limited access to fitness room, weight room, walking track, and pool. Facility hours will be limited to the following:
  - **Fitness Room, Weight Room, and Walking Track**
    - Monday-Friday, 5:30am-7:00pm
    - Saturday, 8:00am-2:00pm
    - Sunday, Closed
  - **Pool (for Lap Swim and Family Swim only with limitations)**
    - Monday-Friday, 6:00am-Noon and 4:00pm-6:30pm
    - Saturday, 8:00am-1:30pm
    - Sunday, Closed
- In compliance with the Alabama Mask Mandate, anyone visiting the Y must wear a mask. Masks may only be removed while actively engaged in exercise or swimming. Members must maintain minimum of six feet distance from others.
- Facility access is limited to YMCA of Calhoun County members only. Nationwide Membership and guest passes will not be accepted at this time.
- All staff and members will have their temperature checked upon entering facility. Members will be asked to complete a wellness questionnaire and sign waiver.
- Members must wash hands with soap and water for at least 20 seconds before and after working out.
- Members must disinfect equipment and machines before and after use.
- Only every other cardio machine will be in operation to maintain social distancing.
- Member visits to the Y will be limited to one hour. Please limit pool time to 45 minutes.
- Water fountain is not accessible. Members are encouraged to bring their own water bottles.
- Group Fitness Classes will continue in virtual format through private Facebook group for Y members with a limited number of classes available in Y facilities and outdoor areas. To be added to Facebook group, email [annangell@ymcocalhoun.org](mailto:annangell@ymcocalhoun.org). For schedules, visit [ymcocalhoun.org/schedules](http://ymcocalhoun.org/schedules).

YMCA of Calhoun County will review these guidelines regularly and communicate any additions or modifications on [facebook.com/ymcaofcalhounco](https://www.facebook.com/ymcaofcalhounco) and [ymcocalhoun.org](http://ymcocalhoun.org).